Buy recyclable items

People are used to having stuff they don’t need, buying more than they need and etc. It is actually not that hard. There are just a few basic things: refuse what you don´t need, reduce what you do need, reuse what you can´t reduce, recycle what you can´t reuse and rebuy (buy recycled) whenever possible. It´s that simple! The hard part is to actually do it. There are a lot of things that we use and never think of how much damage it does for our planet. Well sometimes you just have to use it up, wear it out, make it do or do without and be a part of the solution not the part of the pollution.

Gabriele