

RECOMMENDATIONS WITH R

Resell your devices: You can resell your computer or any device that you don't use instead of throwing them away.

Redistribute your trash: Don't throw everything in the same bin.

Reorganize your food: If you only put what is necessary in the fridge, you'll have more space and you'll be able to keep more things, milk needs a fridge, but chocolate doesn't need a fridge.

Repurpose your things: Reuse your clothes to make clothes for your sister's dolls, turn candle glasses into drinking glasses...

Refuse the "just in case": If you don't need it, don't buy it.

Reuse: Borrow a book from a friend or from a library.

Repair rather than buy another one: You can repair your trousers, your bicycle...

Revalue: A metal box from fifty years ago may be too old for you, but it may cost a lot of money today.

Rethink: Always think if you can improve some aspect of your life to help the environment.

Restore: An old closet can be a vintage closet.

Restructure: It's like playing Tetris.

Reunite: Gather people and talk to them about helping the environment, the more people the better.

R-Evolution: Think and create ideas that can help the environment in a revolutionary and unique way.

