

## MY GREEN DIARY

DECEMBER 2023

1<sup>st</sup> Dec To help the environment, I used natural light as much as possible.



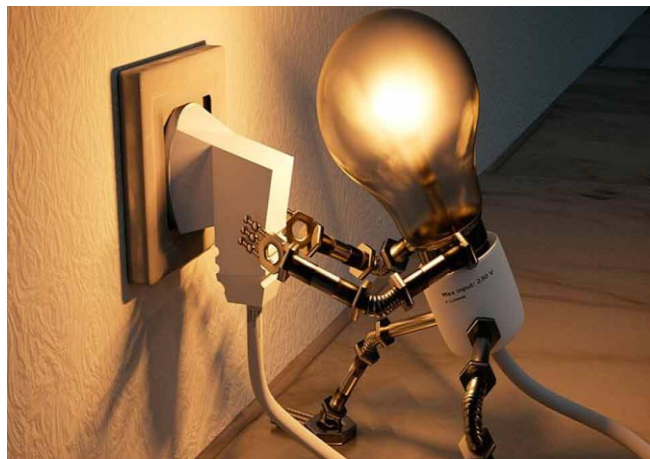
2<sup>nd</sup> Dec I recycled the paper that I didn't need and took it to the recycling bins.



3<sup>rd</sup> Dec I talked to my family about taking a shower instead of a bath to save water.



4<sup>th</sup> Dec I switched off electronic devices when they were not being used.



5<sup>th</sup> Dec Instead of buying a new plastic bottle I used a thermos flask.



6<sup>th</sup> Dec I helped my parents make a shopping list to buy only what I needed.

7<sup>th</sup> Dec I went shopping with my family and we used cloth bags instead of plastic ones.



We chose products with less packaging and as ecological as possible.

8<sup>th</sup> Dec We bought low energy consumption LED bulbs and replaced the old ones.



9<sup>th</sup> Dec I went on a trip with my family and we decided to use public transport. We took a bus to do some sightseeing.



10<sup>th</sup> Dec Despite the cold, today we saved energy by adjusting the temperature of the heating.

11<sup>th</sup> Dec We recycled organic waste. We used some small containers to keep it and when it is full, we'll take it to a recycling centre where there is a large container.



12<sup>th</sup> Dec We sorted and recycled the rubbish.



13<sup>th</sup> Dec We tried to save energy by turning off the light when leaving the room.

14<sup>th</sup> Dec We bought organic and local foods at a local market.





15<sup>th</sup> Dec I live in Ruidera. My friends and I participated in a clean-up activity in the lakes.



16<sup>th</sup> Dec I took the old batteries to their containers so as not to mix them with the rest of the rubbish.



17<sup>th</sup> Dec We create a list of Christmas food recipes with organic products.

18<sup>th</sup> Dec I decided to use other materials for my presents than plastic wrap because it decomposes slowly.



19<sup>th</sup> Dec I took used cooking oil to a recycling centre instead of pouring it down the sink.



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