



I.E.S.
**Eladio
Cabañero**

MY GREEN DIARY

December 2023

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ROC

BY ARTURO CORREAS



DAY 1

-Turn off the lights and open the blinds in the morning.

-Go shopping with a cloth bag instead of buying a plastic bag.

-Throw the rubbish in the right bin.





DAY 2

-Reuse glass containers.

-Change light bulbs to LED bulbs.

-Use public transport or walk or cycle instead of driving to nearby places.





DAY 3

- Reduce my use of plastics.
- Buy second-hand clothes.
- Turn off the tap while brushing my teeth.
- Spend less time in the shower.





DAY 4

—Repair old things and give them a new life.

—Donate money to eco-friendly companies.

—Use hot water responsibly.





DAYS

- Reduce the use of heaters.
- Turn off lights in the morning.
- Don't run the washing machine more than once a day.
- Buy recycled items.





DAY 6

-Use public transport or walk.

-Use recycled paper.

-Use ecological cleaning products.





DAY 7

-Don't throw rubbish in the street.

-Eat less meat.

-Plant a tree in the garden.

-Pick up a parcel at a collection point instead of having it delivered to my home.





DAY 8

-Don't throw rubbish on the floor.

-Decorate my room with
recyclable items.

-Throw rubbish in the right bin.





DAY 9

-Go shopping and use a cloth bag instead of buying a plastic bag.

-Buy second-hand clothes.





DAY 10

-Turn off the lights and open the blinds in the morning.

-Take a short shower.

.-Eat organic food.





DAY 11

-Don't throw rubbish on the floor.

-Buy recycled things.





DAY 12

- Use recycled paper.
- Reduce the use of heaters.
- Take a short shower.





DAY 13

- Plant a tree.
- Turn off the tap while brushing my teeth.
- Use the dishwasher to save water.





DAY 14

- Walk to school.
- Participate in a cleanup activity at school.
- Use organic waste to make compost.





DAY 15

-Eat organic food.

-Eat less meat.

-Take a short shower.

-Use recycled paper.





DAY 16

-Turn off the lights and open the blinds in the morning.

-Go shopping with a cloth bag instead of buying a plastic one.

-Throw rubbish in the right bin.





DAY 17

-Decorate with recyclable items.

-Take short showers.

-Don't do more than one wash a day.





DAY 18

- Walk to school.
- Help mum take out the rubbish.
- Turn off the tap while brushing my teeth.





DAY 19

- Plant some seeds in the garden.
- Walk to the sports centre.
- Use the dishwasher to save water





DAY 20

Turn off lights and open blinds in the morning.

-Go shopping with a cloth bag instead of buying a plastic one.

-Throw rubbish in the right bin.

