

Today I decided to start going to school by foot every morning.

That's a bit less of car pollution each morning.





### 02/12/23

This evening I was washing my teeth and thought it would be a good idea to turn off the tape while doing the brushing part.

I just proposed my family to turn off all the lights at home all evenings from 8pm on, so that we can save a little each day. I think it's important to save energy, as it pollutes and pretty expensive too.





Today I disconnected my PS5. It is always plugged so I guess it consumes a lot even when it's turned off, so I decided to change that.





### 05/12/23

Today I got one of these reusable bags in the mall. I'm going to start to use them whenever I go shopping.



We've officially started recycling at home.
We didn't used to until now. I guess my
family didn't think it was that important.
However, since we've started with this
project, they are more open to different
recycling ideas.

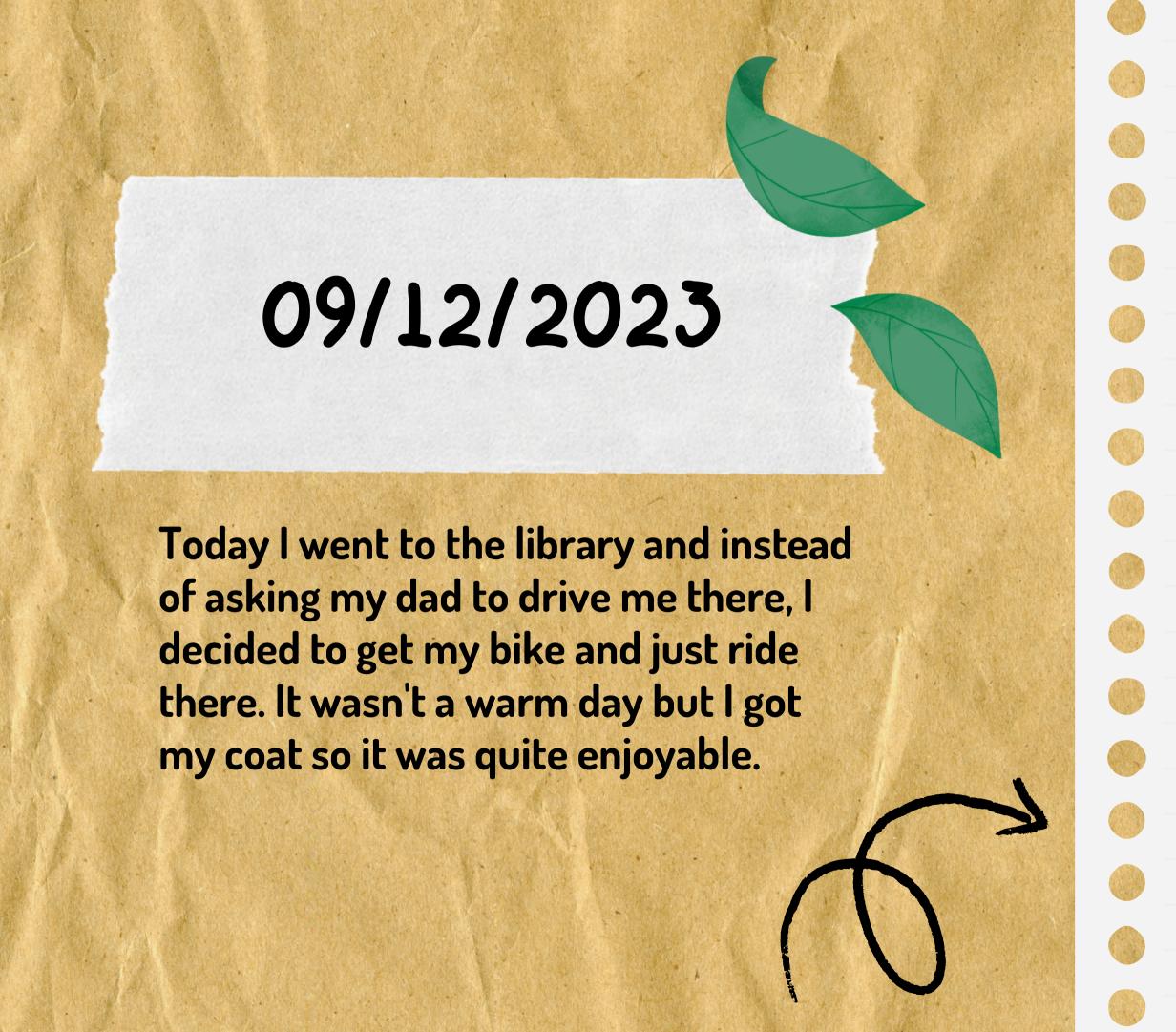
I read that I can save a lot of water if I turn off the shower head while I'm using the soap, and then turn it on again to clear myself.

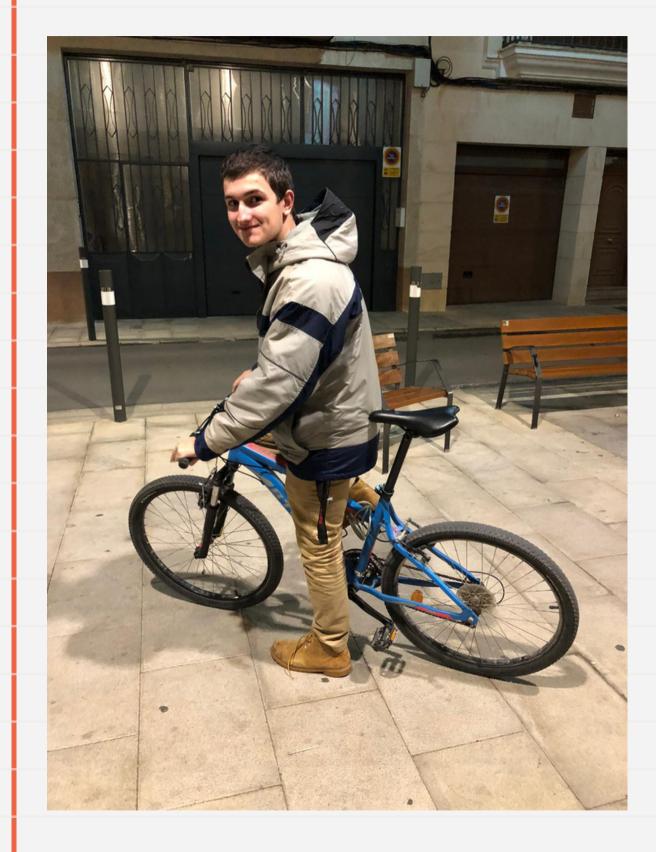




### 08/12/23

Today I went walking around a green market. Everything there is ecofriendly and actually looks really good. I may suggest my mum to go buy there.





We normally use air conditioner at home. However, we've recently started using the thermostat. It saves energy and it's also cheaper.





### 11/12/23

Today I went to the mall as usual, but today I kept in my mind the fact that I don't want to buy products which include a lot of plastic packaging. Those were surprisingly difficult to find.



We've started a new project on school related to pollution by factories. There are some which seem to be causing a bit of an environmental problem. We are going to look into it and propose some ways to prevent these factories of polluting so much.

My mum's actually liked the green market. We've visited it again and she's already bought some vegetables so that we can taste them.





### 14/12/23

My friends and I have signed up for a cleaning campaign. That'd be in three days. It's always nice to help.

Today I did a huge clean-up operation at home. I found lots of old toys which I was going to do away with, but I thought someone could reuse them if I donated them.



# 16/12/23

As I said yesterday, donating the toys could be a nice idea for them to be reused. I was right. Today I gave all of them to an organisation and some children they were taking care of really seem to enjoy playing with them!

The cleaning-campaign was a complete success! We've spent all the morning in the countryside, picking up litter that was spread over the whole place. It was hard, but rewarding.



### 18/12/23

Today I went to the countryside again. This time with the school in order to plant some trees as part of a project.

Today I decided to turn on battery saver on my phone. I read it saved a lot of energy so I don't need to recharge the phone so much.





### 20/12/23

I have bought my first bus pass. I think I am going to start to use it a lot and it is always more eco-friendly to use public transportation than the car. I even got a discount for young people!!

