December Diary

Alonso Cobo

Dear diary...

-The first thing I did to help the environment was to find out what I could recycle.

-Then I looked up how to plant a tree because I want to plant some in my garden.

-I've also started to switch off the electronics in the house when I'm not using them.

Dear diary...

Today I went to the supermarket and used reusable bags instead of plastic ones.

 I've also organised a vegetarian diet for the next few weeks, starting tomorrow.

Dear diary...

-Today was a bad day, I tried to start the new diet, but I didn't have enough willpower to do it, tomorrow I promise I'll start.

-But today was my first day of recycling! I felt very good.

Dear diary...

Now that I have all the information I need, I'm going to start planting lemon trees tomorrow.

-Today I also recycled and had the same good feeling as yesterday.

-As I promised, I started my vegetarian diet today, eating fried eggs, potatoes and rice.

Dear diary...

-Today I got some seeds for my trees, and tomorrow I´ll start planting them.

-I also went to the supermarket with reusable bags.

-I went to the supermarket by bus.

Dear diary...

-Today I went to school by bicycle (I usually go by car).

-I didn´t plant the lemon tree, because I had to study, but I have convinced my friend to start recycling.

Dear diary...

-Today was the day I planted the first lemon tree in my garden, now I just have to wait and see what happens.

-I continued my vegetarian diet, I just had dinner, a vegetarian pizza.

Dear diary...

I've noticed that I waste a lot of water when I take a shower, so I'm starting a water-saving plan.

-I also waste a lot of money buying water bottles, so today I started reusing bottles.

Dear diary...

-I realised that I have a lot of clothes that I don't really use, so I put them in the recycling bin and I hope that they can be used by someone who really needs them.

Dear diary...

-Tomorrow I'm going to a fancy dress party and I have to dress up, but I don't have a costume, so I'm going to make my own costume out of other reusable things.

-I went to a rally about global warming and it is really worrying that we are destroying our own world.

Dear diary...

-I made the costume out of some plastic bags and a cardboard box, and it looks like a normal costume!

-Today was the first day I saw any progress in the lemon tree, I'm really excited about my new garden!

Dear diary...

--My costume was a success, all the girls were amazed when I told them I made it myself.

-Today I rode my bike to my grandfather's house again, I'm starting to like riding my bike.

Dear diary...

-Today I had to make a Christmas tree for my house and I had the idea of using some reusable materials I had around the house. I used a mannequin with ornaments made from cardboard and plastic bottles. It looks so nice!

-I separated my rubbish again and recycled it.

Dear diary...

DATE 14/12/23

-The other day I heard some information about food cans. They contain plastic inside and that can contain bisphenol, so I'm not going to buy any more cans of food.

-I also complained to the mayor because there aren't enough bins for recycling.

Dear diary...

-My lemon tree is coming on so well! I'm so excited that I think I'm going to plant more.

-I had to go to the supermarket today, so as usual, I brought my reusable bags instead of the plastic ones.

-I wrote an email to my high school to organise a talk about global warming for all the students.

Dear diary...

-I researched and selected brands with sustainable and ethical practices. I chose to buy gifts from companies that are committed to environmental responsibility.

-I went for a walk alone in the field, just to connect with nature for a moment, and my mind cleared.

Dear diary...

I took part in a community clean-up day in a nearby park. We collected rubbish and plastic to help keep our environment clean and protect wildlife.

-I was very bored today, so I took some empty plastic bottles and made some toys for my cousins, which I'll give them tomorrow.

Dear diary...

-I had a meeting with the headmaster to organise a talk on global warming, and we agreed to do a talk next Friday.

-I also gave my cousins the toys I made yesterday and they loved them. There was a robot and a T-Rex.

Dear diary...

-I shopped at local stores and chose bulk products to reduce unnecessary packaging, supporting local producers and reducing the carbon footprint associated with transporting food.

-I have read that using LEDs reduces carbon emissions and saves energy, so tomorrow I will buy LEDs.

Dear diary...

-Today I continued to recycle and sort my rubbish to save raw materials, energy, and water to reduce greenhouse gas emissions.

-I had lunch at my grandmother's house and I also convinced her to eat less meat and have an "almost vegetarian" diet.

Dear diary...

-I joined a campaign with an online petition related to environmental conservation called Earth Day.

-Tonight I finally have replaced my light bulbs with leds.